

## Health Benefits Open Season 2023

Open season has been announced for 2023. It will open November 13<sup>th</sup>, 2023 and will close on December 11<sup>th</sup>, 2023. You may sign up and make changes by visiting [www.liteblue.gov](http://www.liteblue.gov) and compare plans at [www.opm.gov](http://www.opm.gov). I strongly encourage you to check out the union sponsored Rural Carrier benefit plan as it is the only plan that covers cancer at 100%. You must be a union member to enroll in this plan. If you're not a member and would like this Health Plan, we can sign you up for the Union. If you have any questions, contact Tracy Greer by phone or emailing [ncrlcahealth@gmail.com](mailto:ncrlcahealth@gmail.com).

### 2024 Premiums

Type of Enrollment	Enrollment Code	Biweekly (active) Your Share	Monthly (annuitants) Your Share
High Option Self Only	381	\$130.99	\$283.81
High Option Self Plus One	383	\$251.57	\$545.07
High Option Self and Family	382	\$243.11	\$507.24